

## WHY CHOOSE SJTA?

The team at Ski Japan Junior Training Academy (SJTA) are motivated by the evolution of the competitive ski and board scene. We believe that challenging the next generation of athlete is the key.

Our success with this passion has come from developing progressive camps that are fun, safe and challenging in specific disciplines such as GS, Moguls, Skier/Boardercross and Slopestyle.



Training aspiring junior skiers/boarders aged 7–18 years by instilling core techniques for high level skill development for success at Interschools & SSA competitions.



Structured 4, 5, and 6 day camps December through March.



Spring Freestyle/Moguls/slopestyle Camp (Easter 2018).



Mobile program operating in Niseko, Moiwa, Rusutsu & Kiroro.



Weekly timed GS fun race with medal presentation.



Fully inclusive packages, airfares, ski rental & other activities for the family can be arranged (Ski-in/ski-out accommodation).



Training camps can also be tailor made for school groups.



SJTA powered by Japans leading tour operator SkiJapan.com with over 20 years of experience.

## COACHING STAFF

The extensive experience held by the SJTA coaches is guided by Paul Lorenz, an instructor examiner, technical committee consultant and national demonstrator for the APSI with over 10 years of experience training coaches and personally coaching athletes for national and international competition. Paul has handpicked passionate and experienced coaches from around the globe to provide world class training for these programs. Sora Yoshikawa is SJTA's guest coach for our spring freestyle moguls camp in April. Sora is a Niseko local with competition experience on the FIS World Cup moguls circuit.



Director of Coaching - Paul Lorenz



## 2017/18 CAMP SCHEDULE

Name	Dates	# Days	Price (AUD)
Redlands Camp	11 - 15 December	5 day	\$1,286
Early Season Camp	18 - 22 December	5 day	\$1,386
Christmas Camp	26 - 29 December	4 day	\$1,145
New Year	1 - 5 January	5 day	\$1,386
CNY Camp	18 - 21 February	4 day	\$1,145
Freestyle Camp	1 - 5 April	5 day	\$1,386
Pro Freestyle Camp	15 - 20 April	6 day	\$1,663

## INCLUSIONS

Daily Coaching, Daily Lift Pass, Daily Video Analysis, Daily Lunch, Transport from Niseko to the training venue, End of Camp Race with Awards.

*SkiJapan.com also offers all inclusive packages including flights, accommodation, transfers etc.*

For more information please enquire:

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SKIJAPAN.COM JUNIOR  
TRAINING ACADEMY  
2017/18



[www.SJTA.net](http://www.SJTA.net)

The SkiJapan Junior Training Academy (SJTA) is back for the 2017/18 winter with more training weeks, more innovation and more fun! To support the success of our training programs, our athletes have taken their skiing and boarding to new heights, with outstanding results at State and National Interschools events.

SkiJapan, through their ski school affiliate NBS, has been teaching kids from all over the world to ski and snowboard in Hokkaido since 2001. Our innovative training programs are designed to prepare aspiring junior snowsports athletes for the ultimate competitive success in a fun environment at the world's number one powder playground - Niseko.

Our programs encompass all aspects of ski and snowboard competition:

- Ski Racing – GS & Skier Cross
- Snowboard racing – GS & Snowboard Cross
- Moguls, Slopestyle, Freestyle



## SCHOOL SNOWSPORTS TEAMS

The SJTA program has been endorsed by school Snowsports teams and their administrators. We are able to tailor make a program of any length and date for your school based on a range of educational and cultural needs, not just the usual competitive training requirements. A March or April school holiday ski training week is highly recommended in preparation for the Aussie snow season when accommodation prices are at rock bottom and the snow is ideal for both moguls and racing.

## WHY HOKKAIDO?

It is exciting for SJTA to have Niseko, Annupuri, Hirafu, Moiwa, Kiroro and Rusutsu available to take advantage of the best slopes, training conditions and snow on the day. Not only does this choice of resorts improve the quality of training for the athletes, it offers a valuable Japanese cultural experience throughout the Hokkaido prefecture. Hokkaido resorts have the longest season of all the resorts in Japan with first lifts running from the last weekend in November until the first weekend in May. Hokkaido also offers a short "jetlag free" trip with the finest powder snow on the planet for training and pleasure.

## A TYPICAL DAY OF SJTA

<b>7.50am</b>	SJTA Coaches meet the athletes at the NBS offices.
<b>8.00am</b>	Athletes are transported to training venue
<b>8.30am–12pm</b>	Morning training session
<b>12pm–1pm</b>	Lunch (provided)
<b>1pm–3.30pm</b>	Afternoon training session
<b>3.30pm–4pm</b>	Video analysis session
<b>4.30pm</b>	Return to NBS

It is important to understand that the SJTA is a mobile camp and as such the plan can/will change daily. The coaches are very skilled at planning and adapting the program to best suit the conditions on the day.

## WHAT TO BRING?

The purpose of these camps is to prepare athletes for competition. As such it is important to train with the equipment you plan to compete on. The following is a list of items that we recommend:

- **Competition skis (i.e. Race/Mogul/Freestyle) or snowboard**
- **Boots/poles**
- **Helmet/goggles/gloves**
- **Race suit (GS)/knee patches (moguls)**
- **Gear bag, extra layers etc.**

# REDLANDS CAMP SPECIAL



## ITINERARY

<b>9 December 2017</b>	Depart Sydney
<b>10-17 December 2017</b>	7 Nights in Niseko Resort
<b>17 December 2017</b>	Depart Niseko Resort
<b>18 December 2017</b>	Arrive Sydney

## INCLUSIONS

- 7 Nights Accommodation at Hirafutei Prince Hotel in a standard room with ensuite (twin share)
- Breakfast daily
- Return airport bus transfers with meet & greet at Chitose Airport
- 6 day Niseko all mountain lift pass
- Services of our local tour office & bilingual staff
- 5 day training camp (for child)

**ADULT**  
**\$1879**

**CHILD**  
(6-13YRS)  
**\$2799**

## FLIGHTS

Return economy flights from Sydney to Chitose flying Qantas start from **\$1,620** per adult and **\$1,180** per child (2-11yrs).

\*All prices are subject to availability and subject to change due to fluctuations in the exchange rate.

Alternatively you can travel light! Niseko Base Snowsports (NBS) have a variety of Head junior race skis, snowboards, and freestyle skis available for rent in a range of sizes. We also have a wide range of gloves, goggles, helmets, base layers and other soft goods for purchase in our retail shop.



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